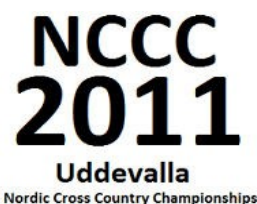


Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Women 19 year
Distance: 4500m



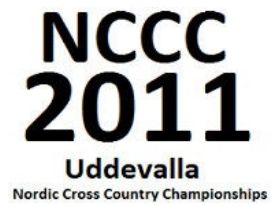
Results Women 19 year

Place	Name	Nbr	Country	Time
1	Vivi Rantanen -93	11	Finland	15.51
2	Sarah Lahti -95	3	Sweden	15.56
3	Oona Kettunen -94	14	Finland	16.05
4	Lina Alaintalo -92	1	Sweden	16.15
5	Karoline E Skatteboe -93	32	Norway	16.16
6	Ida Österås -93	31	Norway	16.16
7	Anette Haukilahti -93	12	Finland	16.17
8	Sigrid Jervell Våg -92	36	Norway	16.20
9	Josefine Rytter -93	23	Denmark	16.21
10	Anna B Mikkelsen -94	24	Denmark	16.29
11	Heidi Mårtensson -95	34	Norway	16.36
12	Kristine Helle - 94	33	Norway	16.38
13	Ilona Välimäki -92	13	Finland	16.39
14	Frida Kristiansson -92	2	Sweden	16.40
15	Caroline Tauson -94	25	Denmark	16.45
16	Amanda Lönnqvist -94	5	Sweden	16.51
17	Ida Meli Narbovoll -95	35	Norway	16.54
18	Line Kalstrup Schulz -96	26	Denmark	16.55
19	Maria Larsson -94	4	Sweden	16.58
20	Amelie Andersson -93	6	Sweden	17.00
21	Laura Lambaek Knudsen -93	21	Denmark	17.18
22	Rebekka Fuglö -93	22	Denmark	17.42

Beside competition

Rebecka Andersson -93	45	Strömstads LK	17.07
Malin Strand -93	49	Istrums SK	17.26

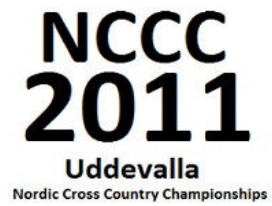
Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Women 19 year
Distance: 4500m



Results **Women 19 year Team Competiton**

Place	Team	Sum
1	Finland <i>Vivi Rantanen (1)</i> <i>Oona Kettunen (3)</i> <i>Anette Haukilahti (7)</i>	11
2	Norway <i>Karoline E Skatteboe (5)</i> <i>Ida Österås (6)</i> <i>Sigrid Jervell Våg (8)</i>	19
3	Sweden Sarah Lahti (2) Lina Alaintalo (4) Frida Kristiansson (14)	20
4	Denmark <i>Josefine Rytter (9)</i> <i>Anna B Mikkelsen (10)</i> <i>Caroline Tauson (15)</i>	34

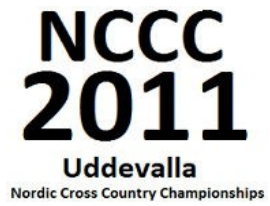
Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Men 19 year
Distance: 6000m



Results **Men 19 year**

Place	Name	Nbr	Country	Time
1	Jeppe Harboe -92	21	Denmark	18.36
2	Kristian Blumenfelt -94	31	Norway	18.37
3	Mads Taersbøl -92	26	Denmark	18.37
4	Johan Rogestedt -93	7	Sweden	18.38
5	Ferdinand Kvan Edman -93	32	Norway	18.41
6	Peter Glans -93	22	Denmark	18.44
7	Martti Siikaluoma -92	11	Finland	18.46
8	Filip Johansson -92	2	Sweden	18.52
9	Erik Udö Pedersen -94	33	Norway	18.53
10	Jacob Östergaard Markussen -93	24	Denmark	18.54
11	Jörgen Frost Bö -94	36	Norway	18.55
12	Harald Kårbö -92	35	Norway	18.56
13	Alexander Palm -93	5	Sweden	19.01
14	Elmar Engholm -92	1	Sweden	19.06
15	Juho Jumisko -94	12	Finland	19.07
16	John Kingstedt -92	3	Sweden	19.12
17	Marius Vedvik -92	37	Norway	19.18
18	Carl Senorski -93	6	Sweden	19.39
19	Jaakko Piesanen -93	14	Finland	19.42
20	Sindre Löchting -93	34	Norway	19.45
21	Ville Heikkilä -92	13	Finland	19.51
	Albin Olausson -92	4	Sweden	DNF
	Zacharias Grassme -94	25	Denmark	DNF

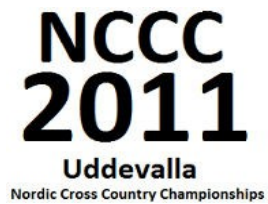
Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Men 19 year
Distance: 6000m



Results **Men 19 year Team Competiton**

Place	Team	Sum
1	Denmark <i>Jeppe Harboe (1)</i> <i>Mads Taersböl (3)</i> <i>Peter Glans (6)</i>	10
2	Norway <i>Kristian Blummenfelt (2)</i> <i>Ferdinand Kvan Edman (5)</i> <i>Erik Udö Pedersen (9)</i>	16
3	Sweden <i>Johan Rogestedt (4)</i> <i>Filip Johansson (8)</i> <i>Alexander Palm (13)</i>	25
4	Finland <i>Martti Siikaluoma (7)</i> <i>Juho Jumisko (15)</i> <i>Jaakko Piesanen (19)</i>	41

Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Women
Distance: 7500m



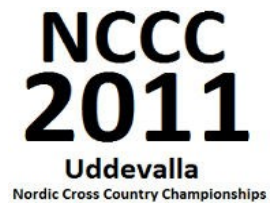
Results **Women**

Place	Name	Nbr	Country	Time
1	Tone Hjalmarson -85	33	Norway	25.46
2	Johanna Lehtinen -79	14	Finland	25.52
3	Kirsten Marathon Melkevik -70	32	Norway	26.00
4	Elina Lindgren -83	11	Finland	26.12
5	Louise Wiker -79	6	Sweden	26.18
6	Meraf Bahta -89	1	Sweden	26.21
7	Charlotta Fougberg -85	3	Sweden	26.22
8	Christina Bus Holt -80	35	Norway	26.24
9	Hanna Bartholomew -83	2	Sweden	26.34
10	Veronika Blom -90	37	Norway	26.42
11	Cecilia Kleist -82	4	Sweden	26.47
12	Hilde Aasheim -84	34	Norway	26.56
13	Sanni Klemelä -90	12	Finland	26.58
14	Maja Alm -88	22	Denmark	27.03
15	Signe Söes -83	23	Denmark	27.12
16	Simone Glad -90	21	Denmark	27.17
17	Katarina Skräddar -84	13	Finland	27.21
18	Maria Borglund -91	7	Sweden	27.40
19	Louise Nilsson -86	5	Sweden	28.03

Beside competition

Lena Eliasson -81	51	Hässelby SK	26.28
Elin Borglund -91	42	Sävedalens AIK	28.40

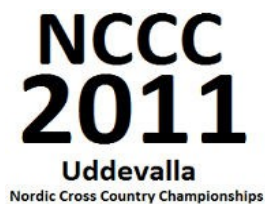
Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Women
Distance: 7500m



Results **Women Team Competiton**

Place	Team	Sum
1	Norway <i>Tone Hjalmarssen (1)</i> <i>Kirsten Marathon Melkevik (3)</i> <i>Christina Bus Holt (8)</i>	12
2	Sweden <i>Louise Wiker (5)</i> <i>Meraf Bahta (6)</i> <i>Charlotta Fougberg (7)</i>	18
3	Finland <i>Johanna Lehtinen (2)</i> <i>Elina Lindgren (4)</i> <i>Sanni Klemelä (13)</i>	19
4	Denmark <i>Maja Alm (14)</i> <i>Signe Söes (15)</i> <i>Simone Glad (16)</i>	45

Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Men
Distance: 9000m



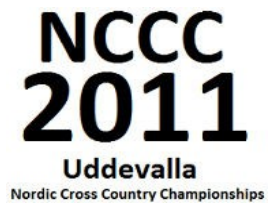
Results Men

Place.	Name	Nbr	Country	Time
1	Urige Buta -78	31	Norway	26.51
2	Mikael Ekvall -89	1	Sweden	27.09
3	Audun Nordtveit -88	33	Norway	27.11
4	Jerker Lysell -89	3	Sweden	27.12
5	Öystein Sylta -78	37	Norway	27.16
6	Andreas Åhwall -89	7	Sweden	27.19
7	Örjan Grönnevig -91	34	Norway	27.21
8	Michael Nielsen -81	23	Denmark	27.26
9	Jesper Faurschou -83	21	Denmark	27.27
10	Asbjörn Ellefsen Persen -87	35	Norway	27.29
11	Johan Damkjaer -84	25	Denmark	27.31
12	Hans Kristian Fløystad -89	32	Norway	27.34
13	Eric Senorski -89	5	Sweden	27.36
14	Jonas Harjamäki -86	11	Finland	27.42
15	Abdi Hakin Ulas -91	22	Denmark	27.44
16	Eirik Gramstad -84	36	Norway	27.45
17	Anton Danielsson -90	2	Sweden	27.46
18	Jarkko Järvenpää -86	12	Finland	27.47
19	Ole Hesselbjerg -90	26	Denmark	27.54
20	Johan Larsson -83	46	Sweden	27.56
21	Jussi Utriainen -78	15	Finland	28.07
22	Brian Lindbjerg -	24	Denmark	28.15
23	Antti Pekka Niinistö -90	14	Finland	28.19
24	David Nilsson -87	4	Sweden	28.51
25	Oskari Pennanen -90	13	Finland	29.00

Beside competition

Olle Kalered -90	41	Norrköpings FK	27.39
Robin Lindgren -90	50	Örgryte IS	28.25
Lars Södergård -83	40	Vallentuna FK	28.30
Patrik Andersson -86	52	Hälle IF	28.42

Competition: Nordic Cross Country Championships 2011
Date: 12th november 2011
Place: Uddevalla, Sweden
Race: Men
Distance: 9000m



Results **Men Team Competiton**

Place	Team	Sum
1	Norway <i>Urige Buta (1)</i> <i>Audun Nordtveit (3)</i> <i>Öystein Sylta (5)</i> <i>Örjan Grønnevig (7)</i>	14
2	Sweden <i>Mikael Ekvall (2)</i> <i>Jerker Lysell (4)</i> <i>Andreas Åhwall (6)</i> <i>Eric Senorski (13)</i>	25
3	Denmark <i>Michael Nielsen (8)</i> <i>Jesper Faurschou (9)</i> <i>Johan Damkjaer (11)</i> <i>Abdi Hakin Ulas (15)</i>	43
4	Finland <i>Jonas Harjamäki (14)</i> <i>Jarkko Järvenpää (18)</i> <i>Jussi Utriainen (21)</i> <i>Antti Pekka Niinistö (23)</i>	76